



Jerry Haas Golf Camp

JERRY HAAS GOLF CAMP at Wake Forest **SAMPLE OVERNIGHT CAMP SCHEDULE**

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| Monday | 8:30 am-12noon | Check-in at the at the dorm, TBD on Wake Forest Campus |
| | 12:00 pm | Coach Haas – Welcome, Rules for Week, Camp Coaches Introduced (in lounge) |
| | 12:30 pm | Meet in groups with coaches / Pizza lunch |
| | 1:00 pm | <u>ALL</u> : Short Game Stations @ Arnold Palmer Golf Complex ("Golf Center") <ul style="list-style-type: none"> • Chipping • Putting • Tough lies • Short irons <ul style="list-style-type: none"> * Sand * Bunker * Wedges * Fundamentals <ul style="list-style-type: none"> * Course Management * Building a Station |
| | 4:45 pm | Back to dorm for cool-down |
| | 5:30 pm | Dinner in cafeteria |
| | 6:30 pm | Golf Center for Full Swing Instruction |
| | 8:30 pm | Talk on College Golf: What it takes to make a college / HS team – WFU Dorm Lounge |
| | 10:00 pm | Lights Out! |
| Tuesday | 7:30 am | Wake up! |
| | 8:00 am | Breakfast in cafeteria: Eat and report to coaches! |
| | 8:45-11:30 | Golf Center: Instruction with coaches / stations |
| | 12:00 noon | Lunch in cafeteria |
| | 1:30-4:30 | Short game instruction / Ball hitting / Long Drive / Fastest 3-man |
| | 6:00 pm | Dinner in cafeteria |
| | 6:30-7:30 pm | The Mental Side of Golf w/Coach Haas – WFU Dorm Lounge |
| | 7:30-8:45 pm | Golf Center for Chipping & Putting, Wiffle Ball, Basketball |
| | 10:30 pm | Lights Out! |
| Wednesday | 7:30 am | Wake up! |
| | 8:00 am | Breakfast in cafeteria: Eat and report to coaches! |
| | 8:45-11:30 am | Golf Center: Instruction and station work with coaches |
| | 11:45-12:45 | Lunch on way to course |
| | 1:00-1:30 pm | Golf Course Competition |
| | 6:00 pm | BBQ Dinner – TBD |
| | 7:00 pm | Strength Training / Stretching and Physio session with WFU strength staff |
| | 8:00-9:30 pm | Golf Center for Chipping & Putting, Wiffle Ball, Basketball |
| | 10:30 pm | Lights Out! |
| Thursday | 7:30 am | Wake up! |
| | 8:00 am | Breakfast in cafeteria: Eat and report to coaches! |
| | 8:45-11:30 am | Golf Center: Instruction and station work with coaches |
| | 11:45-12:45 | Lunch on way to course |
| | 1:00-1:30 pm | Golf Course Competition |
| | 6:00 pm | Dinner in cafeteria |
| | 7:00-7:45 pm | Rules of Golf with Coach Haas – WFU Dorm Lounge |
| | 7:45-9:15 pm | Golf Center for Chipping & Putting, Wiffle Ball, Basketball |
| | 10:30 pm | Lights Out! |
| Friday | | CAMP TOURNAMENTS AT GOLF COURSES TODAY! |
| | 6:15 am | Wake up! – Older groups |
| | 6:30 am | Breakfast in cafeteria: Eat and report to coaches to load vans for golf course |
| | 6:45 am | Wake up! – Younger groups |
| | 7:00 am | Breakfast in cafeteria: Eat and report to coaches to load vans for golf course |
| | 7:45-8:30 am | Golf Course Individual Tournament |
| | ~ 1:00 pm | Lunch after Play |
| | 1:00-2:00 pm | Dorm check-out |
| | 2:00 pm | Awards – Lounge of WFU Dormitory (Parents Welcome!) |
| | 2:45 pm | Camp pickup –at WFU Dormitory |